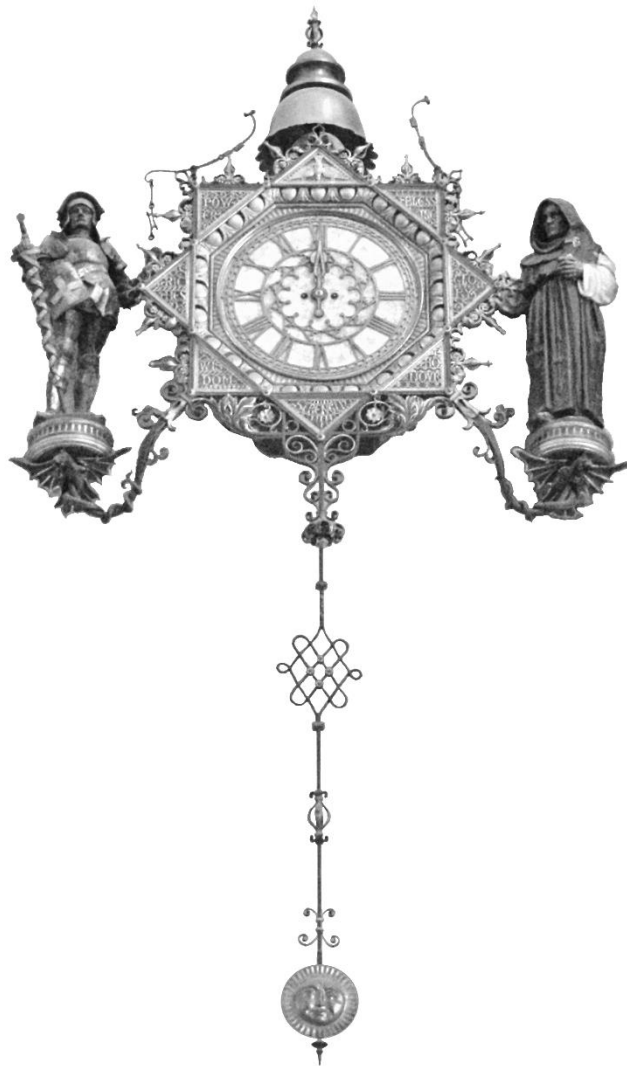




THE CATHEDRAL AND METROPOLITICAL CHURCH OF CHRIST, CANTERBURY

# Sung Eucharist



Ninth Sunday after Trinity

28<sup>th</sup> July 2024

11.00am

Quire

# Welcome to Canterbury Cathedral for this Service

We are grateful to the *Lyra Davidica* for singing our services today

The Choral Setting is  
Herbert Howells (1892-1983), Collegium Regale Communion Service

Please ask a priest if you require a gluten-free communion wafer.

## Livestreaming

This service will be livestreamed and you may be seen on camera, although we will not deliberately take any close-ups of the congregation.

By attending you agree to be seen in this way.

If you have any concerns please speak to a member of the clergy.

Cover Image: Clock in the North East Transept, Canterbury Cathedral

1898, designed by Sir Arthur Blomfield (the architect who designed the Royal College of Music), purchased by the Dean and Chapter from the proceeds of an appeal to commemorate the 1300<sup>th</sup> anniversary of the coming of St Augustine.



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Please ensure that mobile phones are switched off. No form of visual or sound recording, or any form of photography, is permitted during Services.

Thank you for your co-operation.



An induction loop system for the hard of hearing is installed in the Cathedral. Hearing aid users should adjust their aid to T.



**Large print** orders of service are available from the stewards and virgers. Please ask

# The Gathering

*A welcome is offered*

*Stand to sing*



Praise to the Lord, the Almighty, the King of creation;  
O my soul, praise him, for he is thy health and salvation:  
all ye who hear,  
now to his temple draw near;  
joining in glad adoration.

<sup>2</sup>Praise to the Lord, who o'er all things so wondrously reigneth,  
shieldeth thee gently from harm, or when fainting sustaineth:  
hast thou not seen  
how thy heart's wishes have been  
granted in what he ordaineth?

<sup>3</sup>Praise to the Lord, who doth prosper thy work and defend thee;  
surely his goodness and mercy here daily attend thee;  
ponder anew  
what the Almighty can do,  
if to the end he befriend thee.

<sup>4</sup>Praise to the Lord! O let all that is in me adore him!  
All that hath life and breath, come now with praises before him!  
Let the Amen  
sound from his people again:  
gladly for ay we adore him.

*Words:* German, Joachim Neander (1650-80) *Tune:* LOBE DEN HERREN AM765  
*Tr* Catherine Winkworth (1827-78)

*The President says*

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace, mercy and peace from God our Father  
and the Lord Jesus Christ be with you.

**And also with you.**

**Almighty God, to whom all hearts are open, all desires known,  
and from whom no secrets are hidden: cleanse the thoughts of  
our hearts by the inspiration of your Holy Spirit, that we may  
perfectly love you, and worthily magnify your holy name; through  
Christ our Lord. Amen.**

*The President introduces*

## **Prayers of Penitence**

God the Father forgives us in Christ and heals us by the Holy Spirit. Let us therefore put away all anger and bitterness, all slander and malice, and confess our sins to God our redeemer.

*Remain standing to say*

**Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen.**

*The President says*

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness and keep you in life eternal, through Jesus Christ our Lord. **Amen.**

*Remain standing as the choir sings*

## **Gloria in Excelsis**

Glory be to God on high, and in earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

## **The Collect**

Let us pray.

*Silence is kept*

Almighty God,  
who sent your Holy Spirit to be the life and light of your Church:  
open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love and joy and peace;  
through Jesus Christ your Son our Lord, who is alive and reigns with you,  
in the unity of the Holy Spirit, one God, now and for ever.  
**Amen.**

*Sit*

# The Liturgy of the Word

## The Epistle *Ephesians 3.14-21*

I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the church and in Christ Jesus to all generations, for ever and ever. Amen.

This is the word of the Lord.

**Thanks be to God.**

*Remain seated as the choir sings Psalm 145.10-18*

All thy works praise thee, O Lord :  
and thy saints give thanks unto thee.

They shew the glory of thy kingdom :  
and talk of thy power;

That thy power, thy glory, and mightiness of thy kingdom :  
might be known unto men.

Thy kingdom is an everlasting kingdom :  
and thy dominion endureth throughout all ages.

The Lord upholdeth all such as fall :  
and lifteth up all those that are down.

The eyes of all wait upon thee, O Lord :  
and thou givest them their meat in due season.

Thou openest thine hand :  
and fillest all things living with plenteousness.

The Lord is righteous in all his ways :  
and holy in all his works.

The Lord is nigh unto all them that call upon him :  
yea, all such as call upon him faithfully.

*Stand as the cantor sings the Alleluia and we respond*



Speak, Lord, for your servant is listening.  
You have the words of eternal life.

**Alleluia.**

## **The Gospel**      *John 6.1-14*

The Lord be with you.

**And also with you.**

Hear the Gospel of our Lord Jesus Christ according to John.

**Glory to you, O Lord.**

Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. A large crowd kept following him, because they saw the signs that he was doing for the sick. Jesus went up the mountain and sat down there with his disciples. Now the Passover, the festival of the Jews, was near. When he looked up and saw a large crowd coming towards him, Jesus said to Philip, 'Where are we to buy bread for these people to eat?' He said this to test him, for he himself knew what he was going to do. Philip answered him, 'Six months' wages would not buy enough bread for each of them to get a little.' One of his disciples, Andrew, Simon Peter's brother, said to Jesus, 'There is a boy here who has five barley loaves and two fish. But what are they among so many people?' Jesus said, 'Make the people sit down.' Now there was a great deal of grass in the place; so they sat down, about five thousand in all. Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. When they were satisfied, he told his disciples, 'Gather up the fragments left over, so that nothing may be lost.' So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, 'This is indeed the prophet who is to come into the world.'

This is the Gospel of the Lord.

**Praise to you, O Christ.**

*The organist plays a Gospel fanfare*

*Once the Sermon has been introduced please sit*

**Sermon**      The Dean

*After the Sermon, a few moments of silence are kept as we reflect on what we have heard and then the choir sings*

## The Motet

Let all mortal flesh keep silence  
and stand with fear and trembling,  
and lift itself above all earthly thought.

For the King of kings and Lord of lords, Christ our God,  
cometh forth to be our oblation,  
and to be given for Food to the faithful.

Before Him come the choirs of angels  
with every principality and power;  
the Cherubim with many eyes, and wingèd Seraphim,  
who veil their faces as they shout exultingly the hymn:  
Alleluia!

*Words:* Cherubic Hymn from the Liturgy of St James

*Music:* Edward Bairstow (1874-1946)

*Following the Motet please stand*

## The Nicene Creed

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made, of one Being with the Father;  
through him all things were made.**

**For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again in accordance with the  
Scriptures; he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.**

**Amen.**

*Please sit or kneel when the President says 'Let us pray'*

## **Prayers of Intercession**

*One of these responses is used*

Lord, in your mercy  
**hear our prayer.**

Lord, hear us.  
**Lord, graciously hear us.**

*And at the end*

Merciful Father, **accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.**

## **The Liturgy of the Sacrament**

### **The Peace**

*Stand*

*The President says*

We are the body of Christ.  
In the one Spirit we were all baptized into one body.  
Let us then pursue all that makes for peace  
and builds up our common life.

The peace of the Lord be always with you.  
**And also with you.**

Let us offer one another a sign of peace.

*Members of the congregation greet one another.*

*Remain standing to sing*

**The Offertory Hymn** *during which the table is prepared and the gifts of the people are gathered and presented.*

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- To give £10 – text SERVICE to 70580

\*In addition to any text donation, you will incur your standard network message charge.







We pray thee, heavenly Father,  
to hear us in thy love,  
and pour upon thy children  
the unction from above;  
that so in love abiding,  
from all defilement free,  
we may in pureness offer  
our Eucharist to thee.

<sup>2</sup>Be thou our guide and helper,  
O Jesus Christ, we pray;  
so may we well approach thee,  
if thou wilt be the Way:  
thou, very Truth, hast promised  
to help us in our strife,  
food of the weary pilgrim,  
eternal source of Life.

<sup>3</sup>And thou, creator Spirit,  
look on us, we are thine;  
renew in us thy graces,  
upon our darkness shine;  
that with thy benediction  
upon our souls outpoured,  
we may receive in gladness  
the body of the Lord.

<sup>4</sup>O Trinity of Persons,  
O Unity most high,  
on thee alone relying  
thy servants would draw nigh:  
unworthy in our weakness,  
on thee our hope is stayed,  
and blessed by thy forgiveness  
we will not be afraid.

Words: Vincent S S Coles (1845-1929)

Tune: OFFERTORIUM

AM 471

*The President takes the bread and wine and praises God for his gifts*

Wise and gracious God,  
you spread a table before us;  
nourish your people with the word of life  
and the bread of heaven, Jesus Christ our Lord.

**Amen.**

## **The Eucharistic Prayer**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

Father, we give you thanks and praise  
through your beloved Son Jesus Christ, your living Word,  
through whom you have created all things;  
who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;  
as your Son, born of the blessed Virgin,  
he lived on earth and went about among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and singing:

*The choir sings*

Holy, holy, holy, Lord God of Hosts,  
Heaven and earth are full of thy glory:  
Glory be to thee, O Lord most high. Amen.

Blessed is he who cometh in the name of the Lord  
Hosanna in the highest.

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will, these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed, took bread and gave you  
thanks; he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;

by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours,  
almighty Father, for ever and ever. **Amen.**

## **The Lord's Prayer**

*The President says*

As we join our prayers with the Church Universal, so we say,  
each in our own language, the prayer that Jesus taught us.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

*Notre Père...*

*Vater Unser...*

*Onze Vader...*

*Padre Nuestro...*

*Ojcie Nasz...*

*Baba Yetu...*

*E to matou Matua...*

*Ein Tad...*

*Remain standing for*

## **Breaking of the Bread**

*The President breaks the consecrated bread, saying*

We break this bread  
to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

*The President says*

Draw near with faith. Receive the body of our Lord Jesus Christ, which was given for you, and his blood which was shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

*Sit as the President and other ministers begin*

## **The Distribution of Communion**

*Please come up for Communion as directed by the stewards. All who are regular communicants in their own tradition are welcome to receive the sacrament. If you are not a communicant, you are welcome to come forward at this point in the service to receive a blessing, keeping your hands to your sides. Please ask the priest if you **need a gluten-free host**.*

*We request that **you do not intinct (dip) your host in the wine** but either take a sip from the cup or remain with your head bowed. This is for the reasons of good hygiene.*

*If you wish to receive communion without climbing the steps to the High Altar, please join the line for the station in the North-East Transept.*

*We keep a **prayerful silence** during Communion to allow others to prepare to receive the sacrament or pray afterwards.*

*During Communion, the choir sings the Agnus Dei*

O Lamb of God, that takest away the sins of the world, have mercy upon us.  
O Lamb of God, that takest away the sins of the world, grant us peace.

## **Prayer after Communion**

*Stand as the President says*

Let us pray.

*Silence is kept*

Holy Father,  
who gathered us here around the table of your Son  
to share this meal with the whole household of God:  
in that new world where you reveal the fullness of your peace,  
gather people of every race and language  
to share in the eternal banquet of Jesus Christ our Lord.

**Amen.**

*All then say*

**Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out  
in the power of your Spirit  
to live and work  
to your praise and glory. Amen.**

# The Dismissal



Lord, for the years your love has kept and guided,  
urged and inspired us, cheered us on our way,  
sought us and saved us, pardoned and provided:  
Lord of the years, we bring our thanks today.

<sup>2</sup>Lord, for that word, the word of life which fires us,  
speaks to our hearts and sets our souls ablaze,  
teaches and trains, rebukes us and inspires us:  
Lord of the word, receive your people's praise.

<sup>3</sup>Lord, for our land, in this our generation,  
spirits oppressed by pleasure, wealth and care;  
for young and old, for commonwealth and nation,  
Lord of our land, be pleased to hear our prayer.

<sup>4</sup>Lord, for our world; when we disown and doubt him,  
loveless in strength, and comfortless in pain;  
hungry and helpless, lost indeed without him,  
Lord of the world, we pray that Christ may reign.

<sup>5</sup>Lord for ourselves; in living power remake us,  
self on the cross and Christ upon the throne;  
past put behind us, for the future take us,  
Lord of our lives, to live for Christ alone.

*Words:* Timothy Dudley-Smith (b 1926)

*Tune:* LORD OF THE YEARS

AM 715

*The President says*

The peace of God, which passes all understanding,  
keep your hearts and minds in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

Go in the peace of Christ.

**Thanks be to God.**

*All remain standing as the choir and clergy depart*

## Organ Voluntary

**Tea and coffee will be served in the Clagett Auditorium following this morning's Eucharist. All are very welcome.**

**Kindly supported by the Friends of Canterbury Cathedral.**

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[www.canterbury-cathedral.org/support-us/friends](http://www.canterbury-cathedral.org/support-us/friends)**

### Usual Pattern of Services

7.30am	Morning Prayer	Monday-Friday
8.00am	Holy Communion	Daily
9.15am	Morning Prayer	Saturday & Sunday
11.00am	Sung Eucharist	Sunday
12.30pm	Holy Communion	Wednesday & Feast Days
5.30pm	Choral Evensong	Daily (said Thursdays)



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