



THE CATHEDRAL AND METROPOLITICAL CHURCH OF CHRIST, CANTERBURY

Sung Eucharist



Seventh Sunday after Trinity

14th July 2024

11.00am

Quire

Welcome to Canterbury Cathedral for this Service

The Choral Setting is
Louis Vierne (1870-1937), Messe solennelle in c-sharp

Please ask a priest if you require a gluten-free communion wafer.

SUNDAY CLUB: The club is held in the Water Tower on Sundays in term time during the 11:00 Eucharist. Meet in the North Transept at the start of the service. Children aged between 0-13 are very welcome. Parents/carers should stay with children who are under school age.

Livestreaming

This service will be livestreamed and you may be seen on camera, although we will not deliberately take any close-ups of the congregation.

By attending you agree to be seen in this way.

If you have any concerns please speak to a member of the clergy.

Cover Image: The Compass Rose

The Compass Rose is a symbol of the worldwide Anglican Communion. The Compass Rose is set in the nave of the Cathedral and Metropolitan Church of Christ in Canterbury. The Greek inscription means 'The truth will set you free.' (John 8.32)



THE COLLECTION is an opportunity to give generously to Canterbury Cathedral in response to God's generosity, and there are many ways to give regularly.



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Please ensure that mobile phones are switched off. No form of visual or sound recording, or any form of photography, is permitted during Services. Thank you for your co-operation.



An induction loop system for the hard of hearing is installed in the Cathedral. Hearing aid users should adjust their aid to T.



Large print orders of service are available from the stewards and virgers. Please ask

The Gathering

A welcome is offered

Stand to sing



Ye watchers and ye holy ones,
bright Seraphs, Cherubim and Thrones,
raise the glad strain, *Alleluia*.
Cry out, Dominions, Princedoms, Powers,
Virtues, Archangels, Angels' choirs,
Alleluia, alleluia, alleluia.

²O higher than the Cherubim,
more glorious than the Seraphim,
lead their praises, *Alleluia*.
Thou Bearer of the eternal Word,
most gracious, magnify the Lord,
Alleluia, alleluia, alleluia.

³Respond, ye souls in endless rest,
ye Patriarchs and Prophets blest,
Alleluia, Alleluia.
Ye holy Twelve, ye Martyrs strong,
all Saints triumphant, raise the song
Alleluia, alleluia, alleluia.

⁴O friends, in gladness let us sing,
supernal anthems echoing,
Alleluia, Alleluia.
To God the Father, God the Son,
and God the Spirit, Three in One,
Alleluia, alleluia, alleluia.

Words: J Athelstan Riley (1858-1945)

Tune: LASST UNS ERFREUEN

AM 312

The President says

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace, mercy and peace from God our Father
and the Lord Jesus Christ be with you.

And also with you.

**Almighty God, to whom all hearts are open, all desires known,
and from whom no secrets are hidden: cleanse the thoughts of
our hearts by the inspiration of your Holy Spirit, that we may
perfectly love you, and worthily magnify your holy name; through
Christ our Lord. Amen.**

The President introduces

Prayers of Penitence

God the Father forgives us in Christ and heals us by the Holy Spirit. Let us therefore put away all anger and bitterness, all slander and malice, and confess our sins to God our redeemer.

Remain standing to say

Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen.

The President says

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness and keep you in life eternal, through Jesus Christ our Lord. **Amen.**

Remain standing as the choir sings

Gloria in Excelsis

Gloria in excelsis Deo, et in terra pax hominibus bonae voluntatis. Laudamus te, benedicimus te, adoramus te, glorificamus te, gratias agimus tibi propter magnam gloriam tuam. Domine Deus, Rex coelestis, Deus pater omnipotens. Domine Fili unigenite, Jesu Christe; Domine Deus, Agnus Dei, Filius Patris, qui tollis peccata mundi, miserere nobis; qui tollis peccata mundi, suscipe deprecationem nostram; qui sedes ad dexteram Patris, miserere nobis. Quoniam tu solus Sanctus, tu solus Dominus, tu solus Altissimus, Jesu Christe, cum Sancto Spiritu: in gloria Dei Patris. Amen.

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect

Let us pray.

Silence is kept

Lord of all power and might, the author and giver of all good things:
graft in our hearts the love of your name,
increase in us true religion, nourish us with all goodness,
and of your great mercy keep us in the same;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

Sit

The Liturgy of the Word

The Epistle *Ephesians 1.3-14*

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in Christ, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance towards redemption as God's own people to the praise of his glory.

This is the word of the Lord.

Thanks be to God.

Remain seated as the choir sings Psalm 85.8-13

I will hearken what the Lord God will say concerning me :
for he shall speak peace unto his people, and to his saints,
that they turn not again.

For his salvation is nigh them that fear him :
that glory may dwell in our land.

Mercy and truth are met together :
righteousness and peace have kissed each other.

Truth shall flourish out of the earth :
and righteousness hath looked down from heaven.

Yea, the Lord shall shew loving-kindness :
and our land shall give her increase.

Righteousness shall go before him :
and he shall direct his going in the way.

Stand as the cantor sings the Alleluia and we respond



My sheep hear my voice, says the Lord.
I know them and they follow me.

Alleluia.

The Gospel *Mark 6.14-29*

The Lord be with you.

And also with you.

Hear the Gospel of our Lord Jesus Christ according to Mark.

Glory to you, O Lord.

King Herod heard of the healings and other miracles, for Jesus' name had become known. Some were saying, 'John the baptizer has been raised from the dead; and for this reason these powers are at work in him.' But others said, 'It is Elijah.' And others said, 'It is a prophet, like one of the prophets of old.' But when Herod heard of it, he said, 'John, whom I beheaded, has been raised.'

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, 'It is not lawful for you to have your brother's wife.' And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, 'Ask me for whatever you wish, and I will give it.' And he solemnly swore to her, 'Whatever you ask me, I will give you, even half of my kingdom.' She went out and said to her mother, 'What should I ask for?' She replied, 'The head of John the Baptist.' Immediately she rushed back to the king and requested, 'I want you to give me at once the head of John the Baptizer on a platter.' The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought

his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

This is the Gospel of the Lord.

Praise to you, O Christ.

The organist plays a Gospel fanfare

Once the Sermon has been introduced please sit

Sermon The Reverend A P Dodd, Canon Treasurer

Following the Sermon please stand

The Nicene Creed

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again in accordance with the
Scriptures; he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

**We look for the resurrection of the dead,
and the life of the world to come.**

Amen.

Please sit when the President says 'Let us pray'

Prayers of Intercession

One of these responses is used

Lord, in your mercy
hear our prayer.

Lord, hear us.
Lord, graciously hear us.

And at the end

Merciful Father, **accept these prayers for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The choir sings

The Motet

The Lord bless you and keep you;
The Lord make His face to shine upon you
To shine upon you and be gracious unto you
The Lord lift up the light of His countenance upon you
And give you peace. Amen.

Words: based on Numbers 6.24-26

Music: John Rutter (b. 1945)

The Liturgy of the Sacrament

The Peace

Stand

The President says

We are the body of Christ.
In the one Spirit we were all baptized into one body.
Let us then pursue all that makes for peace
and builds up our common life.

The peace of the Lord be always with you.
And also with you.

Let us offer one another a sign of peace.

Members of the congregation greet one another.

Remain standing to sing

The Offertory Hymn *during which the table is prepared and the
gifts of the people are gathered and presented.*

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*In addition to any text donation, you will incur your standard network message charge.



Through all the changing scenes of life,
in trouble and in joy,
the praises of my God shall still
my heart and tongue employ.

²O magnify the Lord with me,
with me exalt his name;
when in distress to him I called,
he to my rescue came.

³The hosts of God encamp around
the dwellings of the just;
deliverance he affords to all
who on his succour trust.

⁴O make but trial of his love,
experience will decide
how blest are they, and only they,
who in his truth confide!

⁵Fear him, ye saints, and you will then
have nothing else to fear;
make you his service your delight,
your wants shall be his care.

⁶To Father, Son, and Holy Ghost,
the God whom we adore,
be glory, as it was, is now,
and shall be evermore.

Words: Nahum Tate (1652-1715)
Nicholas Brady (1659-1726)

Tune: WILTSHIRE

AM 812

The President takes the bread and wine and praises God for his gifts

Wise and gracious God,
you spread a table before us;
nourish your people with the word of life
and the bread of heaven, Jesus Christ our Lord.

Amen.

The Eucharistic Prayer

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

Father, we give you thanks and praise
through your beloved Son Jesus Christ, your living Word,
through whom you have created all things;
who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;
as your Son, born of the blessed Virgin,
he lived on earth and went about among us;
he opened wide his arms for us on the cross;
he put an end to death by dying for us;
and revealed the resurrection by rising to new life;
so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and singing:

The choir sings

Sanctus, sanctus, sanctus,
Dominus Deus Sabaoth.

Pleni sunt coeli et terra gloria tua.
Hosanna in excelsis.

*Holy, holy, holy Lord,
God of power and might.*

*Heaven and earth are full of your glory.
Hosanna in the highest.*

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will, these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed, took bread and gave you
thanks; he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks;
he gave it to them, saying:

Drink this, all of you;

this is my blood of the new covenant,

which is shed for you and for many for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours,
almighty Father, for ever and ever. **Amen.**

The Lord's Prayer

The President says

As we join our prayers with the Church Universal, so we say,
each in our own language, the prayer that Jesus taught us.

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.**

Notre Père...

Vater Unser...

Onze Vader...

Padre Nuestro...

Ojczy Nasz...

Baba Yetu...

E to matou Matua...

Ein Tad...

Remain standing for

Breaking of the Bread

The President breaks the consecrated bread, saying

We break this bread
to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

The President says

Draw near with faith. Receive the body of our Lord Jesus Christ, which was given for you, and his blood which was shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

Sit as the President and other ministers begin

The Distribution of Communion

*Please come up for Communion as directed by the stewards. All who are regular communicants in their own tradition are welcome to receive the sacrament. If you are not a communicant, you are welcome to come forward at this point in the service to receive a blessing, keeping your hands to your sides. Please ask the priest if you **need a gluten-free host**.*

*We request that **you do not intinct (dip) your host in the wine** but either take a sip from the cup or remain with your head bowed. This is for the reasons of good hygiene.*

If you wish to receive communion without climbing the steps to the High Altar, please join the line for the station in the North-East Transept.

*We keep a **prayerful silence** during Communion to allow others to prepare to receive the sacrament or pray afterwards.*

During Communion, the choir sings the Agnus Dei

Agnus Dei, qui tollis peccata mundi, miserere nobis.

Agnus Dei, qui tollis peccata mundi, dona nobis pacem.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

Prayer after Communion

Stand as the President says

Let us pray.

Silence is kept

Lord God, whose Son is the true vine and the source of life,
ever giving himself that the world may live:
may we so receive within ourselves
the power of his death and passion
that, in his saving cup,
we may share his glory and be made perfect in his love;
for he is alive and reigns, now and for ever.

Amen.

All then say

**Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out
in the power of your Spirit
to live and work
to your praise and glory. Amen.**

The Dismissal



How shall I sing that majesty
which angels do admire?
Let dust in dust and silence lie;
sing, sing, ye heavenly choir.
Thousands of thousands stand around
thy throne, O God most high;
ten thousand times ten thousand sound
thy praise; but who am I?

²Thy brightness unto them appears,
whilst I thy footsteps trace;
a sound of God comes to my ears,
but they behold thy face.
They sing, because thou art their Sun;
Lord, send a beam on me;
for where heaven is but once begun
there alleluias be.

³Enlighten with faith's light my heart,
in flame it with love's fire;
then shall I sing and bear a part
with that celestial choir.
I shall, I fear, be dark and cold,
with all my fire and light;
yet when thou dost accept their gold,
Lord, treasure up my mite.

⁴How great a being, Lord, is thine,
which doth all beings keep!
Thy knowledge is the only line
to sound so vast a deep.
Thou art a sea without a shore,
a sun without a sphere;
thy time is now and evermore,
thy place is everywhere.

Words: John Mason (c 1645-94)

Tune: COE FEN

AM 663

The President says

The peace of God, which passes all understanding,
keep your hearts and minds in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen.

Go in the peace of Christ.

Thanks be to God.

All remain standing as the choir and clergy depart

Organ Voluntary

Tea and coffee will be served in the Clagett Auditorium following this morning's Eucharist. All are very welcome.

Kindly supported by the Friends of Canterbury Cathedral.

**To find out more about the Friends visit:
www.canterbury-cathedral.org/support-us/friends**

Usual Pattern of Services

7.30am	Morning Prayer	Monday-Friday
8.00am	Holy Communion	Daily
9.15am	Morning Prayer	Saturday & Sunday
11.00am	Sung Eucharist	Sunday
12.30pm	Holy Communion	Wednesday & Feast Days
5.30pm	Choral Evensong	Daily (said Thursdays)



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