

THE CATHEDRAL AND METROPOLITICAL CHURCH OF CHRIST, CANTERBURY

Sung Eucharist

with Ministry of Healing



The Fourth Sunday of Lent

Mothering Sunday

30th March 2025

11.00am

Quire

Welcome to Canterbury Cathedral for this Service

The Choral Setting is Grayston Ives (b. 1948), Missa brevis

Please ask the priest if you require a gluten-free communion wafer

Livestreaming

This service will be livestreamed and you may be seen on camera, although we will not deliberately take any close-ups of the congregation. By attending you agree to be seen in this way. If you have any concerns please speak to a member of the clergy.

Cover Image: The Compass Rose

The Compass Rose is a symbol of the worldwide Anglican Communion. The Compass Rose is set in the nave of the Cathedral and Metropolitical Church of Christ in Canterbury, the Mother Church of the Anglican Communion. The Greek inscription means 'The truth will set you free.' (John 8.32)



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Please ensure that mobile phones are switched off. No form of visual or sound recording, or any form of photography, is permitted during Services. Thank you for your co-operation.

An induction loop system for the hard of hearing is installed in the Cathedral. Hearing aid users should adjust their aid to T.



Large print orders of service are available from the stewards and virgers. Please ask.

The Ministry of Healing

In today's service there is the opportunity to receive the laying on of hands and anointing. This is part of the church's healing ministry as we pray for wholeness and peace for the whole world and ourselves. In the bible healing is a sign of God's new life and is part of the renewal of all God's creation.

In receiving the ministry of healing it is important to hold some things in our hearts and minds. God's love is for everyone and is everlasting, as such the ministry of healing is not about associating sickness with sin, God does not punish people with sickness. Prayer for healing strengthens the skills of doctors and medical professionals which are also part of God's care for people. Prayer for healing takes injustice seriously and helps us to see how sickness and vulnerability are often the result of social inequality. And finally, human ideals of physical wholeness are not the same as God's - the bible tells us God does not look on the outward appearance, but in the heart.

If you wish to receive this ministry today please follow the directions of the stewards and go the south east transept after receiving communion. The words the minister will use as they lay hands on your head are:

In the name of God and trusting in his might alone, receive Christ's healing touch to make you whole. May Christ bring you wholeness of body , mind and spirit, deliver you from every evil, and give you his peace. Amen

And as you are anointed with oil:

I anoint you in the name of God who gives you life. Receive Christ's forgiveness, his healing and his love. May the Father of our Lord Jesus Christ grant you the riches of his grace, his wholeness, and his peace. Amen.

The Gathering

A welcome is offered



For the beauty of the earth, for the beauty of the skies, for the love which from our birth over and around us lies: Lord of all, to thee we raise this our sacrifice of praise.

²For the beauty of each hour, of the day and of the night, hill and vale, and tree and flower, sun and moon and stars of light: ³For the joy of human love, brother, sister, parent, child, friends on earth and friends above, for all gentle thoughts and mild:

⁴For each perfect gift of thine to our race so freely given, graces human and divine, flowers of earth and buds of heaven:

⁵For thy Church that evermore lifteth holy hands above, offering up on every shore this pure sacrifice of love:

Words: F S Pierpoint (1835- 1917) Tune: ENGLAND'S LANE AM 537

The President says

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you. And also with you.

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

Prayers of Penitence

Our Lord Jesus Christ said: The first commandment is this: 'Hear, O Israel, the Lord our God is the only Lord. You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.'

The second is this: 'Love your neighbour as yourself.' There is no other commandment greater than these. On these two commandments hang all the law and the prophets.

Amen. Lord, have mercy.

Let us call to mind our sin, our failure to value the love of others and our failure to love as Christ has loved us.

Remain standing to say

Most merciful God, Father of our Lord Jesus Christ, we confess that we have sinned in thought, word and deed. We have not loved you with our whole heart. We have not loved our neighbours as ourselves. In your mercy forgive what we have been, help us to amend what we are, and direct what we shall be; that we may do justly, love mercy, and walk humbly with you, our God. Amen.

Remain standing as the choir sings

Kyrie Eleison

Kyrie eleison Christe eleison Kyrie eleison *Lord, have mercy. Christ, have mercy. Lord, have mercy.*

The President says

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness and keep you in life eternal, through Jesus Christ our Lord. **Amen.**

The Collect

Let us pray.

Silence is kept

God of compassion,

whose Son Jesus Christ, the child of Mary, shared the life of a home in Nazareth, and on the cross drew the whole human family to himself: strengthen us in our daily living that in joy and in sorrow we may know the power of your presence to bind together and to heal; through Jesus Christ your Son our Lord,

who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Sit

The Liturgy of the Word

Old Testament Reading

Exodus 2.1-10

A man from the house of Levi went and married a Levite woman. The woman conceived and bore a son; and when she saw that he was a fine baby, she hid him for three months. When she could hide him no longer she got a papyrus basket for him, and plastered it with bitumen and pitch; she put the child in it and placed it among the reeds on the bank of the river. His sister stood at a distance, to see what would happen to him.

The daughter of Pharaoh came down to bathe at the river, while her attendants walked beside the river. She saw the basket among the reeds and sent her maid to bring it. When she opened it, she saw the child. He was crying, and she took pity on him. 'This must be one of the Hebrews' children,' she said. Then his sister said to Pharaoh's daughter, 'Shall I go and get you a nurse from the Hebrew women to nurse the child for you?' Pharaoh's daughter said to her, 'Yes.' So the girl went and called the child's mother. Pharaoh's daughter said to her, 'Take this child and nurse it for me, and I will give you your wages.' So the woman took the child and nursed it. When the child grew up, she brought him to Pharaoh's daughter, and she took him as her son. She named him Moses, 'because', she said, 'I drew him out of the water.'

This is the word of the Lord. Thanks be to God.

Remain seated as the choir sings Psalm 34.11-20

Come, ye children, and hearken unto me : I will teach you the fear of the Lord. What man is he that lusteth to live : and would fain see good days? Keep thy tongue from evil : and thy lips, that they speak no guile. Eschew evil, and do good :

seek peace, and ensue it.

The eyes of the Lord are over the righteous : and his ears are open unto their prayers.

The countenance of the Lord is against them that do evil : to root out the remembrance of them from the earth.

The righteous cry, and the Lord heareth them: and delivereth them out of all their troubles.

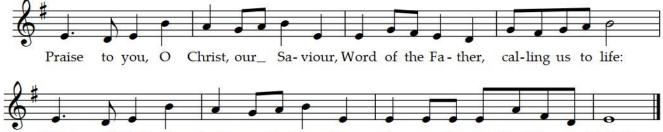
The Lord is nigh unto them that are of a contrite heart : and will save such as be of an humble spirit.

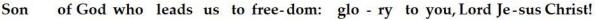
Great are the troubles of the righteous : but the Lord delivereth him out of all.

He keepeth all his bones :

so that not one of them is broken.

Stand as the choir sings the first line then we join in





You are the Word who calls us out of darkness; you are the Word who leads us into light; you are the Word who brings us through the desert: glory to you, Lord Jesus Christ!

Praise to you, O Christ, our Saviour, Word of the Father, calling us to life: Son of God who leads us to freedom: glory to you, Lord Jesus Christ!

The GospelJohn 19.25b-27

The Lord be with you. **And also with you.** Hear the Gospel of our Lord Jesus Christ according to Luke. **Glory to you, O Lord.**

Standing near the cross of Jesus were his mother, and his mother's sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother and the disciple whom he loved standing beside her, he said to his mother, 'Woman, here is your son.' Then he said to the disciple, 'Here is your mother.' And from that hour the disciple took her into his own home.

This is the Gospel of the Lord.

Praise to you, O Christ.

Once the Sermon has been introduced please sit

Sermon The Reverend W M Dalrymple, Precentor

Following the Sermon please stand

The Profession of Faith

Let us declare our faith in God

We believe in God the Father, from whom every family in heaven and on earth is named.

We believe in God the Son, who lives in our hearts through faith, and fills us with his love.

We believe in God the Holy Spirit, who strengthens us with power from on high.

We believe in one God; Father, Son and Holy Spirit. Amen.

Please kneel or sit when the President says 'Let us pray'

Prayers of Intercession

At the beginning of the Intercessions, the Choir will sing the verse, and then, after each petition, the congregation joins in singing the chorus



Choir

As I went down to the river to pray, studying about that good old way, And who shall wear the starry crown, good Lord, show me the way! *After the first petition*

O sisters let's go down, let's go down, come on down,

O sisters let's go down, down to the river to pray.

After the second petition

O brothers let's go down, let's go down, come on down,

O brothers let's go down, down to the river to pray.

After the third petition

O mothers let's go down, let's go down, come on down,

O mothers let's go down, down to the river to pray.

After the fourth petition

O fathers let's go down, let's go down, come on down,

O fathers let's go down, down to the river to pray.

After the fifth petition

As I went down to the river to pray,

studying about that good old way,

And who shall wear the starry crown, good Lord, show me the way! O sinners let's go down, let's go down, come on down,

O sinners let's go down, down to the river to pray.

Words: African Spiritual

Music: Traditional, arranged by J G Stalnaker (b. 1958)

The Liturgy of the Sacrament

The Peace

Stand

The President says

Through the prophet Isaiah, God says, 'As a mother comforts her child, so I will comfort you.'

The peace of the Lord be always with you. And also with you.

Let us offer one another a sign of peace.

Members of the congregation greet one another.

Remain standing to sing

The Offertory Hymn during which the table is prepared and the gifts of the people are gathered and presented. If you would prefer to give electronically, please use the QR code.



When the thurifer turns to bow to the congregation, all turn to the altar



Mothering God, you gave us birth carried and cradled, taught our worth; companion to each joy, each hurt: *tender your love for me*.

²Mothering Christ, what grace we read, giving your body for our need; wine to refresh and bread to feed: *tender your love for me*.

³Mothering Spirit, gentle, strong, teaching us where our hearts belong; guide to our lives, breath of our song: *tender your love for me*.

⁴Mothering God, around your feet sisters and brothers here we meet; only together each complete: *tender your love for me*. The President takes the bread and wine and praises God for his gifts

God of our journey, as we walk with you on your path of obedience, sustain us on our way and lead us to your glory; through Jesus Christ our Lord. **Amen.**

The Eucharistic Prayer

The Lord be with you. And also with you.

Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God. It is right to give thanks and praise.

Blessed are you, Lord God, our light and our salvation; to you be glory and praise for ever. From the beginning you have created all things and all your works echo the silent music of your praise. In the fullness of time you made us in your image, the crown of all creation. You give us breath and speech, that with angels and archangels and all the powers of heaven we may find a voice to sing your praise:

The choir sings

Sanctus, sanctus, sanctus,	Holy, holy, holy Lord,
Dominus Deus Sabaoth.	God of power and might.
Pleni sunt coeli et terra gloria tua.	Heaven and earth are full of your glory.
Hosanna in excelsis.	Hosanna in the highest.
Benedictus qui venit In nomine Domini	Blessed is he who comes

In nomine Domini. Hosanna in excelsis. Blessed is he who comes in the name of the Lord. Hosanna in the highest

How wonderful the work of your hands, O Lord. As a mother tenderly gathers her children, you embraced a people as your own. When they turned away and rebelled your love remained steadfast.

From them you raised up Jesus our Saviour, born of Mary, to be the living bread, in whom all our hungers are satisfied.

He offered his life for sinners, and with a love stronger than death he opened wide his arms on the cross. On the night before he died, he came to supper with his friends and, taking bread, he gave you thanks. He broke it and gave it to them, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

At the end of supper, taking the cup of wine, he gave you thanks, and said: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Jesus Christ is Lord:

Lord, by your cross and resurrection you have set us free. You are the Saviour of the world.

Father, we plead with confidence his sacrifice made once for all upon the cross; we remember his dying and rising in glory, and we rejoice that he intercedes for us at your right hand.

Pour out your Holy Spirit as we bring before you these gifts of your creation; may they be for us the body and blood of your dear Son.

As we eat and drink these holy things in your presence, form us in the likeness of Christ, and build us into a living temple to your glory.

Bring us at the last with all the saints to the vision of that eternal splendour for which you have created us; through Jesus Christ, our Lord, by whom, with whom, and in whom, with all who stand before you in earth and heaven, we worship you, Father almighty, in songs of everlasting praise:

Blessing and honour and glory and power be yours for ever and ever. Amen.

The Lord's Prayer

The President says

As we join our prayers with the Church Universal, so we say, each in our own language, the prayer that Jesus taught us.

Our Father in heaven, hallowed be your name,	Notre Père
your kingdom come,	Vater Unser
your will be done, on earth as in heaven.	Onze Vader
Give us today our daily bread.	Padre Nuestro
Forgive us our sins	
as we forgive those who sin against us.	Ojcze Nasz
Lead us not into temptation	0,020 11032
but deliver us from evil.	Baba Yetu
For the kingdom, the power,	
and the glory are yours	E to matou Matua
now and for ever.	
Amen.	Ein Tad

Remain standing for

Breaking of the Bread

The President breaks the consecrated bread, saying

God's holy gifts for God's holy people. Jesus Christ is holy, Jesus Christ is Lord, to the glory of God the Father.

The President says

Jesus is the Lamb of God who takes away the sin of the world. Blessed are those who are called to his supper. Lord, I am not worthy to receive you, but only say the word, and I shall be healed.

Sit as the President and other ministers begin

The Distribution of Communion

Please come up for Communion as directed by the stewards. All who are regular communicants in their own tradition are welcome to receive the sacrament. If you are not a communicant, you are welcome to come forward at this point in the service to receive a blessing, keeping your hands to your sides. Please ask the priest if you **need a gluten-free host.** We request that **you do not intinct (dip) your host in the wine** but either take a sip from the cup or remain with your head bowed. This is for the reasons of good hygiene.

If you wish to receive communion without climbing the steps to the High Altar, please join the line for the station in the North-East Transept.

We keep a **prayerful silence** during Communion to allow others to prepare to receive the sacrament or pray afterwards.

During Communion, the choir sings the Agnus Dei

Agnus Dei, qui tollis peccata mundi, miserere nobis. Agnus Dei, qui tollis peccata mundi, dona nobis pacem.

Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, grant us peace.

After the Agnus Dei the choir sings

The Lord bless you and keep you; The Lord make His face to shine upon you And be gracious unto you The Lord lift up the light of His countenance upon you And give you peace.

Words: based on Numbers 6:24-26

Music: John Rutter (b. 1945)

The Ministry of Healing

Those who wish to receive the Ministry of Healing, with Anointing and the Laying on of Hands, should go to the South-East Transept, as directed by the Stewards, <u>after</u> receiving Communion or a blessing.

Prayer after Communion

The President says

Let us pray.

Stand to pray in silence, before the President says

Loving God, as a mother feeds her children at the breast you feed us in this sacrament with the food and drink of eternal life: help us who have tasted your goodness to grow in grace within the household of faith; through Jesus Christ our Lord. **Amen.**

All then say

Father of all, we give you thanks and praise, that when we were still far off you met us in your Son and brought us home. Dying and living, he declared your love, gave us grace, and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.

The Precentor comes to the steps of the Archbishop's throne with the children of Children's Church, to bless the Mothering Sunday flowers, which will be distributed during the final hymn.

The Precentor says

We praise you, our God, for all mothers who have loved and laughed and laboured as they cared for their children;

Blessed be God for ever.

We praise you, our God, for all mothers who have wept in sorrow and joy for their children:

Blessed be God for ever.

We praise you, our God, for Jesus, born of a woman and nurtured in her love, and for Mary, a reminder of your patient, waiting love. **Blessed be God for ever.**

O God, from whom every family under heaven takes its name, +bless these flowers, that they may be a sign of your motherly love for us, and of the love that we, your children, have for you. Through Jesus Christ, your Son, our Lord. **Amen.**

The Dismissal

During this hymn flowers will be distributed to everyone in the congregation



Glory to God, the mother of creation, in love you brought the universe to birth, then gave your life to purchase the salvation of all the sons and daughters of the earth. Glory to you, for love that's shown through history: the warp and weft that patterns time and space. By grace you're known, yet known to be a mystery, and we can touch eternity in your embrace.

²Glory to you for calling us to service, shepherds and stewards, messengers and priests, we give ourselves in gratitude and gladness as guests and hosts at your thanksgiving feast. Our hearts exult in loving affirmation, we sing with joy, your greatness we proclaim. Your praise resounds in every generation, our souls with Mary magnify your holy name.

³We are united, in Christ's body dwelling, one in the Spirit: wind and fire and dove; one in the grace and hope of every calling, to lift the ways of earth to heav'n above. Through all our lives your power is ever flowing, to show your work of love is underway; stir up your gift in us, your grace bestowing, so we may speak and live your Word afresh today.

Words: Ally Barrett (b 1975)

Tune: LONDONDERRY AIR

The President says

May God, who gave birth to all creation, bless us: may God, who became incarnate by an earthly mother, bless us: may God, who broods as a mother over her children, bless us. And the blessing of God almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always. **Amen.** Go in peace to love and serve the Lord. In the name of Christ. Amen.

All remain standing as the choir and clergy depart

Organ Voluntary

Tea and coffee will be served in the Clagett Auditorium following this morning's Eucharist. All are very welcome.

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Safeguarding : Do you need to talk?

Are you concerned about the safety of a child, young person or vulnerable adult?

Or is there something that you would like to discuss that affects you?

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Alternatively, please call 01227 866237



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