



THE CATHEDRAL AND METROPOLITICAL CHURCH OF CHRIST, CANTERBURY

Sung Eucharist



Fourth Sunday before Advent

3rd November 2024

11.00am

Quire

Welcome to Canterbury Cathedral for this Service

The Choral Setting is
Charles Villiers Stanford (1852-1924), Communion Service in C and F

Please ask a priest if you require a gluten-free communion wafer.

Livestreaming

This service will be livestreamed and you may be seen on camera, although we will not deliberately take any close-ups of the congregation.

By attending you agree to be seen in this way.

If you have any concerns please speak to a member of the clergy.

Cover Image: 'Christ in Majesty', Jesus Chapel
enlarged copy of 15th century icon by Andrei Rublev (d. c. 1428)



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Please ensure that mobile phones are switched off. No form of visual or sound recording, or any form of photography, is permitted during Services. Thank you for your co-operation.



An induction loop system for the hard of hearing is installed in the Cathedral. Hearing aid users should adjust their aid to T.



Large print orders of service are available from the stewards and virgers. Please ask.

The Gathering

A welcome is offered

Stand to sing



'Lift up your hearts!' We lift them, Lord, to thee;
here at thy feet none other may we see;
'Lift up your hearts!' E'en so, with one accord,
we lift them up, we lift them to the Lord.

²Above the level of the former years,
the mire of sin, the slough of guilty fears,
the mist of doubt, the blight of love's decay,
O Lord of Light, lift all our hearts today.

³Above the swamps of subterfuge and shame,
the deeds, the thoughts, that honour may not name,
the halting tongue that dares not tell the whole,
O Lord of truth, lift every Christian soul.

⁴Lift every gift that thou thyself hast given:
low lies the best till lifted up to heaven;
low lie the bounding heart, the teeming brain,
till, sent from God, they mount to God again.

⁵Then, as the trumpet-call in after years,
'Lift up your hearts!' rings pealing in our ears,
still shall those hearts respond with full accord,
'We lift them up, we lift them to the Lord!'

Words: Henry Montague Butler (1833-1918)

Tune: WOODLANDS

AM 708

The President says

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace, mercy and peace from God our Father
and the Lord Jesus Christ be with you.

And also with you.

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

The President introduces

Prayers of Penitence

Christ calls us to share the heavenly banquet of his love with all the saints in earth and heaven.

Knowing our unworthiness and sin,
let us ask from him both mercy and forgiveness.

Remain standing to say

Lord, you are gracious and compassionate:

Lord, have mercy.

Lord, have mercy.

You are loving to all
and your mercy is over all your creation:

Christ, have mercy.

Christ, have mercy.

Your faithful servants bless your name
and speak of the glory of your kingdom:

Lord, have mercy.

Lord, have mercy.

The President says

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness and keep you in life eternal, through Jesus Christ our Lord.

Amen.

Remain standing as the choir sings

Gloria in Excelsis

Glory be to God on high, and in earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

The Collect

Let us pray.

Silence is kept

Almighty and eternal God,
you have kindled the flame of love in the hearts of the saints:
grant to us the same faith and power of love, that, as we rejoice in their triumphs,
we may be sustained by their example and fellowship;
through Jesus Christ your Son our Lord, who is alive and reigns with you,
in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Sit

The Liturgy of the Word

Old Testament Reading

Deuteronomy 6.1-9

This is the commandment—the statutes and the ordinances—that the Lord your God charged me to teach you to observe in the land that you are about to cross into and occupy, so that you and your children and your children’s children may fear the Lord your God all the days of your life, and keep all his decrees and his commandments that I am commanding you, so that your days may be long. Hear therefore, O Israel, and observe them diligently, so that it may go well with you, and so that you may multiply greatly in a land flowing with milk and honey, as the Lord, the God of your ancestors, has promised you.

Hear, O Israel: The Lord is our God, the Lord alone. You shall love the Lord your God with all your heart, and with all your soul, and with all your might. Keep these words that I am commanding you today in your heart. Recite them to your children and talk about them when you are at home and when you are away, when you lie down and when you rise. Bind them as a sign on your hand, fix them as an emblem on your forehead, and write them on the doorposts of your house and on your gates.

This is the word of the Lord.

Thanks be to God.

Remain seated as the choir sings Psalm 119.1-8

Blessed are those that are undefiled in the way :
and walk in the law of the Lord.

Blessed are they that keep his testimonies :
and seek him with their whole heart.

For they who do no wickedness :
walk in his ways.

Thou hast charged :
that we shall diligently keep thy commandments.

O that my ways were made so direct :
that I might keep thy statutes!

So shall I not be confounded :
while I have respect unto all thy commandments.

I will thank thee with an unfeigned heart :
when I shall have learned the judgements of thy righteousness.

I will keep thy ceremonies :
O forsake me not utterly.

Stand as the cantor sings the Alleluia and we respond



Al - le - lu - ia, Al - le - lu - ia, Al le - lu - ia.

Blessed is the King who comes in the name of the Lord.
Peace in heaven and glory in the highest heaven.

Alleluia.

The Gospel *Mark 12.28-34*

The Lord be with you.

And also with you.

Hear the Gospel of our Lord Jesus Christ according to Mark.

Glory to you, O Lord.

One of the scribes came near and heard them disputing with one another, and seeing that he answered them well, he asked him, 'Which commandment is the first of all?' Jesus answered, 'The first is, "Hear, O Israel: the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength." The second is this, "You shall love your neighbour as yourself." There is no other commandment greater than these.' Then the scribe said to him, 'You are right, Teacher; you have truly said that "he is one, and besides him there is no other"; and "to love him with all the heart, and with all the understanding, and with all the strength", and "to love one's neighbour as oneself",—this is much more important than all whole burnt-offerings and sacrifices.' When Jesus saw that he answered wisely, he said to him, 'You are not far from the kingdom of God.' After that no one dared to ask him any question.

This is the Gospel of the Lord.

Praise to you, O Christ.

The organist plays a Gospel fanfare

Once the Sermon has been introduced please sit

Sermon The Dean

After the Sermon, a few moments of silence are kept as we reflect on what we have heard and then the choir sings

The Motet

O salutaris hostia
quae caeli pandis ostium,
bella premunt hostilia:
da robur, fer auxilium

Uni trinoque Domino
sit sempiterna gloria,
qui vitam sine termino
nobis donet in patria.

*O saving victim
who opens the gate of heaven,
hostile wars press on us:
give strength, bring aid.*

*To the Lord, three in one,
be everlasting glory,
for life without end
he gives us in his kingdom.*

Words: Thomas Aquinas (1225-74)

Music: Edward Elgar (1857-1934)

Following the Motet please stand

The Nicene Creed

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Please sit when the President says 'Let us pray'

Prayers of Intercession

One of these responses is used

Lord, in your mercy
hear our prayer.

Lord, hear us.
Lord, graciously hear us.

And at the end

Merciful Father, **accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.**

The Liturgy of the Sacrament

The Peace

Stand

The President says

To crown all things there must be love,
to bind all together and complete the whole.
Let the peace of Christ rule in our hearts.

The peace of the Lord be always with you.
And also with you.

Let us offer one another a sign of peace.

Members of the congregation greet one another.

Remain standing to sing

The Offertory Hymn *during which the table is prepared and the gifts of the people are gathered and presented.*

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*In addition to any text donation, you will incur your standard network message charge.





This is your body, for your people giv'n,
We break the bread, and voice the sacred song;
Food of the angels, taste of highest heav'n,
crumbs dropped for all who fear we don't belong:
We are your body, help us dare to share
all that we have, and offer all we are.

²This is your blood, the pain that makes us whole
With love was pressed from Christ's live-giving vine,
The smallest sip can warm the coldest soul,
And fill the human heart with fire divine:
We are your body, help us yearn to share
all that we have, and offer all we are.

³We are your body, fed with heavenly food,
Washed through the blood that flows with heavenly love,
And then you send us, by that love renewed,
to find that earth is full of heav'n above.
We are your body, in your grace we share
all that we have, and offer all we are.

Words: Ally Barrett (b. 1975)

Tune: SONG 1

The President takes the bread and wine and praises God for his gifts

To you we come, Father of lights,
with angels and saints,
where heaven and earth unite.
May Jesus meet us in the breaking of the bread.

Amen.

The Eucharistic Prayer

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is indeed right, our duty and our joy,
that we should always sing of your glory,
holy Father, almighty and eternal God,
through Jesus Christ your Son our Lord.
For you are the hope of the nations,
the builder of the city that is to come.
Your love made visible in Jesus Christ
brings home the lost,
restores the sinner
and gives dignity to the despised.
In his face your light shines out,
flooding lives with goodness and truth,
gathering into one in your kingdom
a divided and broken humanity.
Therefore with all who can give voice in your creation
we glorify your name,
for ever praising you and singing:

The choir sings

Holy, holy, holy, Lord God of hosts,
heaven and earth are full of thy glory:
Glory be to thee, O Lord most High.

Blessed is he that cometh in the name of the Lord:
Hosanna in the highest.

Lord, you are holy indeed,
the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you; this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours,
almighty Father, for ever and ever. **Amen.**

The Lord's Prayer

The President says

As we join our prayers with the Church Universal, so we say,
each in our own language, the prayer that Jesus taught us.

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

Notre Père...

Vater Unser...

Onze Vader...

Padre Nuestro...

Ojcie Nasz...

Baba Yetu...

E to matou Matua...

Ein Tad...

Remain standing for

Breaking of the Bread

The President breaks the consecrated bread, saying

We break this bread to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

The President says

Jesus is the Lamb of God who takes away the sin of the world.

Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

Sit as the President and other ministers begin

The Distribution of Communion

*Please come up for Communion as directed by the stewards. All who are regular communicants in their own tradition are welcome to receive the sacrament. If you are not a communicant, you are welcome to come forward at this point in the service to receive a blessing, keeping your hands to your sides. Please ask the priest if you **need a gluten-free host**.*

*We request that **you do not intinct (dip) your host in the wine** but either take a sip from the cup or remain with your head bowed. This is for the reasons of good hygiene.*

If you wish to receive communion without climbing the steps to the High Altar, please join the line for the station in the North-East Transept.

*We keep a **prayerful silence** during Communion to allow others to prepare to receive the sacrament or pray afterwards.*

During Communion, the choir sings the Agnus Dei

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, grant us thy peace.

Prayer after Communion

Stand as the President says

Let us pray.

Silence is kept

Lord of heaven,
in this eucharist you have brought us near
to an innumerable company of angels
and to the spirits of the saints made perfect:
as in this food of our earthly pilgrimage
we have shared their fellowship,
so may we come to share their joy in heaven;
through Jesus Christ our Lord. **Amen.**

All then say

**Almighty God,
we thank you for feeding us
with the body and blood
of your Son Jesus Christ.
Through him we offer you
our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory.
Amen.**

The Dismissal



Forth in the peace of Christ we go;
Christ to the world with joy we bring;
Christ in our minds, Christ on our lips,
Christ in our hearts, the world's true king.

²King of our hearts, Christ reigns in us;
kingship with him his servants gain;
with Christ, the Servant-Lord of all,
Christ's world we serve to share Christ's reign.

³Priests of the world, Christ sends us forth
this world of time to consecrate,
our world of sin by grace to heal,
Christ's world in Christ to re-create.

⁴Prophets of Christ, we hear his word:
he claims our minds, to search his ways;
he claims our lips, to speak his truth;
he claims our hearts, to sing his praise.

⁵We are his Church, he makes us one:
here is one hearth for all to find;
here is one flock, one Shepherd-King;
here is one faith, one heart, one mind.

Words: James Quin, SJ (1919-2010)

Tune: DUKE STREET

AM 475

The President says

Go now in peace,
knowing that you have been born again,
not of perishable seed, but of imperishable,
through the living and enduring word of God;
and the blessing of God almighty, the Father, the Son, and the Holy
Spirit, be among you and remain with you always. **Amen.**

Go in the peace of Christ.

Thanks be to God.

All remain standing as the choir and clergy depart

Organ Voluntary

Tea and coffee will be served in the Clagett Auditorium following this morning's Eucharist. All are very welcome.

Kindly supported by the Friends of Canterbury Cathedral.

**To find out more about the Friends visit:
www.canterbury-cathedral.org/support-us/friends**

Usual Pattern of Services

7.30am	Morning Prayer	Monday-Friday
8.00am	Holy Communion	Daily
9.15am	Morning Prayer	Saturday & Sunday
11.00am	Sung Eucharist	Sunday
12.30pm	Holy Communion	Wednesday
12.30pm	Taizé Prayer	Monday (04/11-16/12)
5.30pm	Choral Evensong	Daily (said Thursdays)



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Produced by the Music & Liturgy Department:
precentor@canterbury-cathedral.org
01227 865281

www.canterbury-cathedral.org