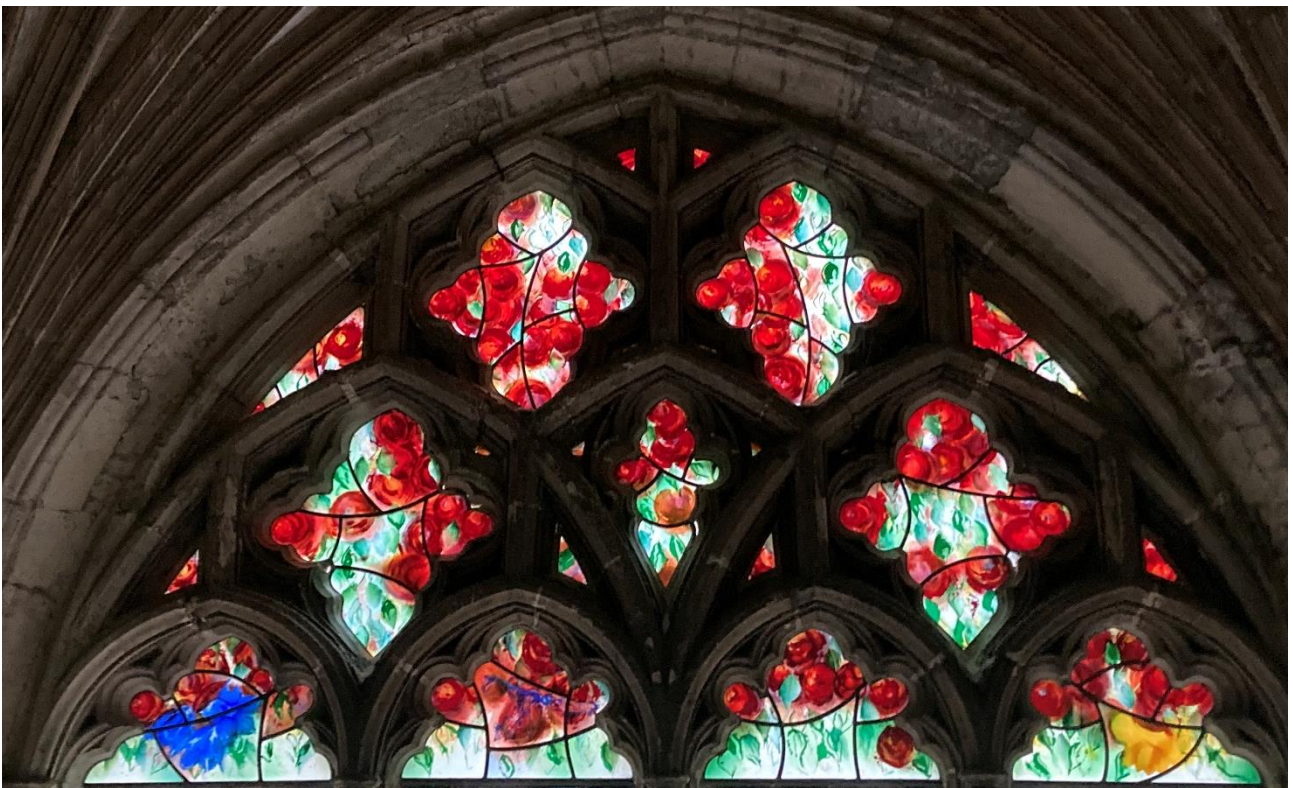




THE CATHEDRAL AND METROPOLITICAL CHURCH OF CHRIST, CANTERBURY

Sung Eucharist



The Third Sunday before Lent

16th February 2025

11.00am

Quire

Welcome to Canterbury Cathedral for this Service

We are grateful to the the Plaxtol Scholars for singing our services today

The Choral Setting is
Charles Villiers Stanford (1852-1924), Communion Service in C

Please ask the priest if you require a gluten-free communion wafer

Livestreaming

This service will be livestreamed and you may be seen on camera, although we will not deliberately take any close-ups of the congregation. By attending you agree to be seen in this way. If you have any concerns please speak to a member of the clergy.

Cover Image: The Damson Tree Window – North Cloisters, Canterbury Cathedral

Designed by Hughie O'Donoghue RA and made by Grace Ayson, 2018



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Please ensure that mobile phones are switched off. No form of visual or sound recording, or any form of photography, is permitted during Services. Thank you for your co-operation.



An induction loop system for the hard of hearing is installed in the Cathedral. Hearing aid users should adjust their aid to T.



Large print orders of service are available from the stewards and virgers. Please ask.

The Gathering

A welcome is offered

Stand to sing



All praise to Christ, our Lord and king divine,
yielding your glory in your love's design,
that in our darkened hearts your grace might shine:
Alleluia!

²You came to us in lowliness of thought;
by you the outcast and the poor were sought;
and by your death was our redemption bought:
Alleluia!

³The mind of Christ is as our minds should be:
he was a servant that we might be free,
humbling himself to death on Calvary:
Alleluia!

⁴And so we see in God's great purpose, how
Christ has been raised above all creatures now;
and at his name shall every nation bow:
Alleluia!

⁵Let every tongue confess with one accord,
in heaven and earth that Jesus Christ is Lord,
and God the Father be by all adored:
Alleluia!

Words: Francis Bland Tucker (1895-1984)

Tune: ENGELBERG

AM 586

The President says

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace, mercy and peace from God our Father
and the Lord Jesus Christ be with you.

And also with you.

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

The President introduces

Prayers of Penitence

My brothers and sisters, as we prepare to celebrate the presence of Christ in word and sacrament, let us confess our sins.

Remain standing

Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen.

The President says

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness and keep you in life eternal, through Jesus Christ our Lord. **Amen.**

Remain standing as the choir sings

Gloria in Excelsis

Glory be to God on high, and in earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

The Collect

Let us pray

Silence is kept

Almighty God,
who alone can bring order to the unruly wills and passions of sinful humanity:
give your people grace so to love what you command and to desire what you promise, that, among the many changes of this world, our hearts may surely there be fixed where true joys are to be found;
through Jesus Christ your Son our Lord, who is alive and reigns with you,
in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Sit

The Liturgy of the Word

Old Testament Reading *Jeremiah 17.5-10*

Thus says the Lord: Cursed are those who trust in mere mortals and make mere flesh their strength, whose hearts turn away from the Lord. They shall be like a shrub in the desert, and shall not see when relief comes. They shall live in the parched places of the wilderness, in an uninhabited salt land.

Blessed are those who trust in the Lord, whose trust is the Lord. They shall be like a tree planted by water, sending out its roots by the stream. It shall not fear when heat comes, and its leaves shall stay green; in the year of drought it is not anxious, and it does not cease to bear fruit.

The heart is devious above all else; it is perverse— who can understand it? I the Lord test the mind and search the heart, to give to all according to their ways, according to the fruit of their doings.

This is the word of the Lord.

Thanks be to God.

Remain seated as the choir sings Psalm 1

Blessed is the man that hath not walked in the counsel of the ungodly, nor stood in the way of sinners : and hath not sat in the seat of the scornful.

But his delight is in the law of the Lord : and in his law will he exercise himself day and night.

And he shall be like a tree planted by the water-side : that will bring forth his fruit in due season.

His leaf also shall not wither : and look, whatsoever he doeth, it shall prosper.

As for the ungodly, it is not so with them : but they are like the chaff, which the wind scattereth away from the face of the earth.

Therefore the ungodly shall not be able to stand in the judgement : neither the sinners in the congregation of the righteous.

But the Lord knoweth the way of the righteous : and the way of the ungodly shall perish.

Stand as the cantor sings the Alleluia and we respond



Al - le - lu - ia, Al - le - lu - ia, Al le - lu - ia.

Whoever would become my followers,
let them deny themselves and take up their cross and follow me.

Alleluia.

The Gospel *Luke 6.17-26*

The Lord be with you.

And also with you.

Hear the Gospel of our Lord Jesus Christ according to Luke.

Glory to you, O Lord.

He came down with them and stood on a level place, with a great crowd of his disciples and a great multitude of people from all Judea, Jerusalem, and the coast of Tyre and Sidon. They had come to hear him and to be healed of their diseases; and those who were troubled with unclean spirits were cured. And all in the crowd were trying to touch him, for power came out from him and healed all of them.

Then he looked up at his disciples and said:

'Blessed are you who are poor,
for yours is the kingdom of God.

'Blessed are you who are hungry now,
for you will be filled.

'Blessed are you who weep now,
for you will laugh.

'Blessed are you when people hate you, and when they exclude you, revile you, and defame you on account of the Son of Man. Rejoice on that day and leap for joy, for surely your reward is great in heaven; for that is what their ancestors did to the prophets.

'But woe to you who are rich,
for you have received your consolation.

'Woe to you who are full now,
for you will be hungry.

'Woe to you who are laughing now,
for you will mourn and weep.

'Woe to you when all speak well of you, for that is what their ancestors did to the false prophets.

This is the Gospel of the Lord.

Praise to you, O Christ.

The organist plays a Gospel fanfare

Once the Sermon has been introduced please sit

Sermon The Dean

After the Sermon, a few moments of silence are kept as we reflect on what we have heard and then the choir sings

The Motet

If ye love me, keep my commandments. And I will pray the Father, and he shall give you another comforter, that he may 'bide with you forever; E'en the spirit of truth.

Words: Antiphon from John 14:15-17

Music: Thomas Tallis (c.1505-85)

Stand to say

The Nicene Creed

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven**

and is seated at the right hand of the Father.

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

**We look for the resurrection of the dead,
and the life of the world to come.**

Amen.

Please sit when the President says 'Let us pray'

Prayers of Intercession

One of these responses is used

Lord, in your mercy
hear our prayer.

Lord, hear us.
Lord, graciously hear us.

And at the end

Merciful Father, **accept these prayers for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Liturgy of the Sacrament

The Peace

Stand

The President says

We are the body of Christ.
In the one Spirit we were all baptized into one body.
Let us then pursue all that makes for peace
and builds up our common life.

The peace of the Lord be always with you.
And also with you.

Let us offer one another a sign of peace.

Members of the congregation greet one another.

Remain standing to sing

The Offertory Hymn *during which the table is prepared and the gifts of the people are gathered and presented. If you would prefer to give electronically, please use the QR code.*

When the thurifer turns to bow to the congregation, all turn to the altar.





Alleluia, sing to Jesus!
 His the sceptre, his the throne;
 alleluia, his the triumph,
 his the victory alone:
 hark the songs of peaceful Sion
 thunder like a mighty flood;
 Jesus out of every nation,
 hath redeemed us by his blood.

³Alleluia, bread of angels,
 thou on earth our food, our stay;
 alleluia, here the sinful
 flee to thee from day to day:
 Intercessor, Friend of sinners,
 earth's Redeemer, plead for me,
 where the songs of all the sinless
 sweep across the crystal sea.

²Alleluia, not as orphans
 are we left in sorrow now;
 alleluia, he is near us,
 faith believes, nor questions how:
 though the cloud from sight received him,
 when the forty days were o'er,
 shall our hearts forget his promise,
 'I am with you evermore'?

⁴Alleluia, King eternal,
 thee the Lord of lords we own;
 alleluia, born of Mary,
 earth thy footstool, heaven thy throne:
 thou within the veil hast entered,
 robed in flesh, our great High Priest;
 thou on earth both Priest and Victim
 in the eucharistic feast.

Words: W Chatterton Dix (1837-98)

Tune: HYFRYDOL

AM 422

The President takes the bread and wine and praises God for his gifts

Wise and gracious God,
 you spread a table before us;
 nourish your people with the word of life
 and the bread of heaven, Jesus Christ our Lord.

Amen.

The Eucharistic Prayer

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

Father, we give you thanks and praise
 through your beloved Son Jesus Christ, your living Word,
 through whom you have created all things;
 who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;
as your Son, born of the blessed Virgin,
he lived on earth and went about among us;
he opened wide his arms for us on the cross;
he put an end to death by dying for us;
and revealed the resurrection by rising to new life;
so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and singing:

The choir sings

Holy, holy, holy, Lord God of hosts,
heaven and earth are full of thy glory:
Glory be to thee, O Lord most High.

Blessed is he that cometh in the name of the Lord:
Hosanna in the highest.

Accept our praises, heavenly Father,
through your Son our Saviour Jesus Christ,
and as we follow his example and obey his command,
grant that by the power of your Holy Spirit
these gifts of bread and wine may be to us his body and his blood;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:

Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Therefore, heavenly Father,
we remember his offering of himself made once for all upon the cross;
we proclaim his mighty resurrection and glorious ascension;
we look for the coming of your kingdom,
and with this bread and this cup
we make the memorial of Christ your Son our Lord.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever. **Amen.**

The Lord's Prayer

The President says

As we join our prayers with the Church Universal, so we say,
each in our own language, the prayer that Jesus taught us.

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

Notre Père...

Vater Unser...

Onze Vader...

Padre Nuestro...

Ojcze Nasz...

Baba Yetu...

E to matou Matua...

Ein Tad...

Remain standing for

Breaking of the Bread

The President breaks the consecrated bread, saying

We break this bread
to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

The President says

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

Sit as the President and other ministers begin

The Distribution of Communion

*Please come up for Communion as directed by the stewards. All who are regular communicants in their own tradition are welcome to receive the sacrament. If you are not a communicant, you are welcome to come forward at this point in the service to receive a blessing, keeping your hands to your sides. Please ask the priest if you **need a gluten-free host**.*

*We request that **you do not intinct (dip) your host in the wine** but either take a sip from the cup or remain with your head bowed. This is for the reasons of good hygiene.*

If you wish to receive communion without climbing the steps to the High Altar, please join the line for the station in the North-East Transept.

*We keep a **prayerful silence** during Communion to allow others to prepare to receive the sacrament or pray afterwards.*

During Communion, the choir sings the Agnus Dei

O Lamb of God, that takest away the sins of the world, have mercy upon us.
O Lamb of God, that takest away the sins of the world, grant us thy peace.

Prayer after Communion

Stand as the President says

Let us pray.

Silence is kept

Merciful Father,
who gave Jesus Christ to be for us the bread of life,
that those who come to him should never hunger:
draw us to the Lord in faith and love,
that we may eat and drink with him
at his table in the kingdom,
where he is alive and reigns, now and for ever. **Amen.**

All then say

**Almighty God, we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory. Amen.**

The Dismissal



Blest are the pure in heart,
for they shall see our God;
the secret of the Lord is theirs,
their soul is Christ's abode.

³Still to the lowly soul
he doth himself impart,
and for his dwelling and his throne
chooseth the pure in heart.

²The Lord, who left the heavens
our life and peace to bring,
to dwell in lowliness with men,
their pattern and their King;

⁴Lord, we thy blessing seek;
may ours this blessing be;
give us a pure and lowly heart,
a temple meet for thee.

Words: John Keble (1792-1866) and others

Tune: FRANCONIA

AM 602

Remain standing

The God of all grace,
who called you to his eternal glory in Christ Jesus,
establish, strengthen and settle you in the faith;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen.

Go in the peace of Christ.

Thanks be to God.

All remain standing as the choir and clergy depart

Organ Voluntary

Tea and coffee will be served in the Clagett Auditorium following this morning's Eucharist. All are very welcome.

Kindly supported by the Friends of Canterbury Cathedral.

**To find out more about the Friends visit:
www.canterbury-cathedral.org/support-us/friends**

Safeguarding : Do you need to talk?

Are you concerned about the safety of a child, young person or vulnerable adult?

Or is there something that you would like to discuss that affects you?

A safeguarding concern is anything that may impact the safety and wellbeing of a child, young person or vulnerable adult; if they are being neglected, harmed or at risk of being harmed by others or themselves, and are in need of protection. To report a non-emergency safeguarding concern please scan the QR code and complete our online form or email safeguarding@canterbury-cathedral.org

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CONTACT THE CATHEDRAL CONSTABLES OFFICE:



Located by the main entrance to the Precincts, Christ Church Gate.

Alternatively, please call 01227 866237



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